

Mountain View Prevention Services' "Run for Prevention" 5K  
Run/Walk Race Results from October 2, 2010 at Maple Ridge Center

Jim Farquhar (21:59)	Valerie Sestir (30:33)
Betsy Nicol (22:18)	Wendy McCormick (30:55)
David Young (23:37)	Suzanne Zicari (31:26)
Ed Steckly (23:55)	Elizabeth Kelly (31:27)
Heidi VanZandt (24:01)	Serena Vargulick (31:27)
David Paquette (24:34)	Sheryl Hutton (33:45)
Gwen Decker (24:41)	Theresa Meyer (34:38)
Lydia Young (25:13)	Diane Lewis (40:00)
Matt McCullouch (25:43)	Dee Caldwell (40:04)
Rebecca McPhie (25:51)	Connie Company (41:11)
Mary Kimbrell (26:29)	Karen Boliver (47:23)
Heather MacKinnon (27:03)	Diane Kieffer (47:24)
Brian Shambo (27:16)	Kathleen Merrick (48:29)
Kyle Domago (27:25)	Christine Scott (48:30)
Elaine VanDerVeeken (27:59)	Chris Baker (49:49)
Victoria McCullouch (28:03)	Vicki Meyer (49:49)
Matt Macaulay (28:18)	Charlie Merrick (54:14)
Jaime VanDerVeeken (28:40)	John Waterhouse (54:14)
Holly Newton (29:16)	Tim O'Connor (55:45)
Kylie Simpson (29:18)	Jane O'Connor (55:47)

**Overall Top Male Finisher:** Jim Farquhar (21:59)

**Overall Top Female Finisher:** Betsy Nicol (22:18)

**Top Male Finishers:**

Age 20-29: Matt McCullouch (25:43)

Age 30-39: Dave Paquette (24:34)

Age 40-49: Ed Steckly (23:55)

Age 50-59: Jim Farquhar (21:59)

Age 60 and Older: John Waterhouse (54:14)

**Top Female Finishers:**

Age 19 and Under: Elaine VanDerVeeken (27:59)

Age 20-29: Victoria McCullouch (28:03)

Age 30-39: Rebecca McPhie (25:51)

Age 40-49: Heidi VanZandt (24:01)

Age 50-59: Betsy Nicol (22:18)

Age 60 and Older: Diane Kieffer (47:24)