Counseling and Treatment Centers in Northern and Central New York

2009

Including information for:

Local Outpatient Centers
Local Inpatient Centers
Local Resources

Mountain View Prevention Services
7714 Number Three Road
Lowville, New York 13367
Telephone: 315-376-2321
Fax: 315-376-2347
http://www.mountainviewprevention.org

*Compiled by: Ashley Gillette
Summer 2009 Intern
Outpatient Treatment:

**Carthage Area Behavioral Health Center** – a clinic designed to assist individuals with various emotional and psychological problems. The center consists of two psychiatrists, two social workers, three mental health counselors, and a clerical staff.

Contact: Carthage Area Behavioral Health Center  
3 Bridge Street  
Carthage, NY 13619  
Telephone: 315-493-3300  
Fax: 315-493-3306

**Centre Syracuse, L.L.C. Adolescent/Adult Eating Disorders Partial Hospital Program** – a therapeutic day program that provides treatment for individuals with an eating disorder. The program offers comprehensive treatment that provides an alternative to inpatient treatment. The program consists of group therapy, individual therapy, nutritional education, and monitoring by medical and psychiatric staff.

Contact: Centre Syracuse 
3300 James Street 
Syracuse, NY 13206 
Telephone: 315-671-2202 
Fax: 315-671-2203 
http://centresyracuse.com

**Community Recovery Center (formerly Alcohol and Substance Abuse Treatment Center)** – outpatient treatment center for those suffering from substance abuse.

Contact: Bill Burkhard, Director  
7714 Number Three Road  
Lowville, NY 13367  
Telephone: 315-376-5958  
Fax: 315-376-5953
Credo Community Center for the Treatment of Addictions, Inc. – a business providing treatment for individuals, groups, families, adults, adolescents and children, whose lives have been negatively impacted by substance abuse.

Contact: Carthage Outpatient Satellite Office
         Carthage Professional Building
         3 Bridge Street, Suite 6
         Carthage, NY 13619
         Telephone: 315-493-4484
         Fax: 315-493-4485

         Watertown Clinic
         595 West Main Street
         Watertown, NY 13601
         Telephone: 315-788-1530 or 1-888-585-2228
         Fax: 315-788-3794
         http://www.credocommunitycenter.com

Danser and Knudsen Psychological Services – Out-patient clinic for children and adults who need psychological services.

Contact: Danser and Knudsen Psychological Services
         531 Washington Street, Suite 2401
         Watertown, NY 13601
         Telephone: 315-788-3332
         http://www.danserandknudsen.com
         *office in Lowville also

Insight House Chemical Dependency Services, Inc. – provides professional, confidential chemical dependency treatment to individuals and their families striving to achieve and maintain a sober lifestyle. The agency offers customized levels of treatment depending on client needs, and programs include a variety of clinical group sessions, GED classes, vocational assessment and referral, recreation in the facility’s gymnasium, and life skills education.

Contact: Insight House Chemical Dependency Services, Inc.
         500 Washington Street
         Utica, NY 13502
         Telephone: 315-724-5168 or 1-800-530-2741
         Fax: 315-724-6582
         http://www.insighthouse.com
**Lewis County Mental Health** – the clinic provides services that treat and prevent psychiatric disorders, promote and advocate for mental health wellness, and reduce stigma and prejudice. The staff will further strive to improve the overall quality of life for those living with mental health disorders and life difficulties by becoming a resource for individuals and families to foster independence and the ability to cope.

Contact: Lewis County Community Mental Health Center  
7550 South State Street  
Lowville, NY 13367  
Telephone: 315-376-5450  
Fax: 315-376-7221 or 315-376-5501 (confidential fax)  
[http://www.lewismh.org](http://www.lewismh.org)

**North Country Freedom Homes, Inc.** – Non-profit corporation that provides services, in cooperation with other community agencies to alcohol and substance abusers in our service area, in order to enhance their drug-free living skills.

Contact: North Country Freedom Homes, Inc.  
25 Dies Street  
Canton, NY 13617  
Telephone: 315-379-0139  
Fax: 315-379-1004  
[http://www.ncfreedomhomes.org](http://www.ncfreedomhomes.org)

**Samaritan Addiction Services** – Serves clients impacted by co-occurring substance abuse and mental health issues; and assists clients in understanding conscious and unconscious learned perceptions and how they shape thinking and behavior.

Contact: Outpatient Addiction Services  
1575 Washington Street  
Watertown, NY 13601  
Telephone: 315-779-5060  
Fax: 315-779-5028  
[http://www.samaritanhealth.com](http://www.samaritanhealth.com)

**St. Joseph’s Rehabilitation Center** – a center that provides inpatient, outpatient and community residential alcoholism and substance abuse services. Their mission is to promote healing and recovery for all persons who suffer from the disease of alcoholism and chemical dependency.

Contact: St. Joseph’s Addiction Treatment & Recovery Centers  
159 Glenwood, P.O. Box 470  
Saranac Lake, NY 12983  
Telephone: 513-891-4135 or 877-813-8647  
Fax: 518-891-3986  
[http://www.sjcrehab.org](http://www.sjcrehab.org)
Tully Hill Chemical Dependency Treatment Center – Mission statement: “To provide appropriate, cost effective care, of the highest quality, to alcoholics or other chemically dependent persons and their families in order to achieve and maintain sobriety.”

Contact: Tully Hill Chemical Dependency Treatment Center
P.O. Box 1116 5821 Route 80
Tully, NY 13159
Telephone: 315-696-6114 or 800-456-6114
Fax: 315-696-8509
http://www.tullyhill.com

Inpatient Treatment:

Conifer Park: Treatment and Recovery Programs for Teens – specializes in rehabilitation therapy for teenagers (ages 12 to 17) with a treatment program designed to explore the relationship between substance abuse and emotional and/or behavioral problems inherent to adolescents.

Contact: Conifer Park
79 Glenridge Road
Glenville, NY 12302
Telephone: 800-989-6446
http://www.coniferpark.com

Insight House Chemical Dependency Services, Inc. – provides professional, confidential chemical dependency treatment to individuals and their families striving to achieve and maintain a sober lifestyle. The agency offers customized levels of treatment depending on client needs, and programs include a variety of clinical group sessions, GED classes, vocational assessment and referral, recreation in the facility’s gymnasium, and life skills education.

Contact: Insight House Chemical Dependency Services, Inc.
500 Washington Street
Utica, NY 13502
Telephone: 315-724-5168 or 1-800-530-2741
Fax: 315-724-6582
http://www.insighthouse.com

Rose Hill Drug and Alcohol Treatment for Youth – a short-term residential rehabilitation service designed for the needs of chemically-dependent adolescents (ages 12 to 21). Their mission is to work with youth whose lives have become unmanageable because of their dependency to alcohol or drugs.

Contact: Rose Hill Chemical Dependency Program for Youth
Box 100
County Route 43
Massena, NY 13662
Telephone: 315-764-9700
Fax: 315-764-9868
http://www.roschillrehab.org
**St. Joseph’s Rehabilitation Center** – a center that provides inpatient, outpatient and community residential alcoholism and substance abuse services. Their mission is to promote healing and recovery for all persons who suffer from the disease of alcoholism and chemical dependency.

Contact: St. Joseph’s Addiction Treatment & Recovery Centers  
159 Glenwood, P.O. Box 470  
Saranac Lake, NY 12983  
Telephone: 513-891-4135 or 877-813-8647  
Fax: 518-891-3986  
http://www.sjrcrehab.org

**St. Lawrence Addiction Center** – a supportive and therapeutic environment in a residential setting where a chemically-dependent person is presented with the opportunity to learn skills to promote recovery, experience benefits of abstinence, and develop a plan for ongoing recovery.

Contact: Phill Dranger, Director  
1 Chimney Point Drive – Hamilton Hall  
Ogdensburg, NY 13669  
Telephone: 315-393-1180  
Fax: 315-393-6160  
http://www.oasas.state.ny.us

**St. Lawrence Psychiatric Center** – consists of adult services, a sex offender treatment, and children/youth services. Each program offers a comprehensive range of services including individual and group counseling, diagnostic evaluation, psychological testing, crisis intervention, psychopharmacology, medical evaluation, vocational assessment, education, socialization, task and skill training, physical therapy, structured learning therapy, occupational therapy, and recreational therapy. Serves: Children up to 18 years old and adults.

Contact: St. Lawrence Psychiatric Center  
1 Chimney Point Drive  
Ogdensburg, NY 13669  
Telephone: 315-541-2001  
Fax: 315-541-2013  
http://www.omh.state.ny.us/omhweb/facilities/slpc

**The Children’s Home of Jefferson County** – Mission: “Creating opportunities to enhance lives – one relationship at a time.”

Contact: Children’s Home of Jefferson County  
1704 State Street  
Watertown, NY 13601  
Telephone: 315-788-7430  
http://www.nnychildrenshome.com
**Valley Vista** – a treatment center that offers an intensive individualized comprehensive program approaches for women, adolescence, and their families. They believe that identifying and treating co-occurring mental health issues is vital to providing patients a firm platform to build a sober lifestyle.

Contact: Valley Vista  
23 Upper Plain  
Bradford, Vermont 05033  
Telephone: 802-222-5201 or 802-222-5901  
http://www.vvist.net

**Local Resource List:**

**Catholic Charities** – their mission is to respond to the needs of the most vulnerable members of our communities. Inviting the involvement of the Church and the community, Catholic Charities fulfills this mission by empowering people through direct aid, counseling, community programs, outreach and advocacy. Our mission is based on Gospel values of respect for the dignity and sanctity of human life, charity and justice, according to the teachings of the Roman Catholic Church.

Contact: Catholic Charities  
812 State Street  
Watertown, NY 13601  
Telephone: 315-788-4330 (Watertown office)  
315-376-4141 (Lowville office)  
Fax: 315-786-0539  
http://www.cathcharities.org

**Family Counseling Service of Northern NY, Inc.** – an agency that will provide a broad range of high quality and affordable counseling, consultative and educational services. The agency is committed to developing the emotional growth and development of individuals, families, and our community.

Contact: Family Counseling Service of Northern NY, Inc.  
120 Washington Street, Suite 510  
Watertown, NY 13601  
Telephone: 315-782-4483 – Watertown Office  
315-287-7008 – Gouveneur Office  
315-376-8410 – Lowville Office  
http://www.fcsnny.org
**Jefferson County Prohibition Services** – provides services to Supreme, County, City, and Family courts as well as 44 towns and village justice courts and supervises people placed on Probation so that the individual, family, and the community are able to achieve mutual needs and goals.

Contact: Edward Brown, Director  
175 Arsenal Street, 6th Floor  
Watertown, NY 13601  
Telephone: 315-785-3065 or 315-785-3058  
Fax: 315-785-5094

**Lewis County Department of Social Services** - provides or administers the full range of publicly funded social services and cash assistance programs. Families whose income meets state guidelines and who meet other criteria may be able to receive a subsidy to offset some of their child care costs. Provides child safety, also.

Contact: Lewis Co. D.S.S.  
Commissioner Stacy Alvord, MSW  
5274 Outer Stowe Street  
Lowville, NY 13367  
Telephone: 315-376-5400  
Fax: 315-376-4112

**Lewis County General Hospital** – a local hospital dedicated to the provision of high quality healthcare to the residents of the tri-county area. In order to ensure easy access, the facility also operates two off site health centers staffed by physicians employed by the hospital. These sites, located in Beaver Falls and Lyons Falls, help to bring the skills of the staff and the modern technology of the facility directly to the local communities. Women's Health Center offers Board Certified Obstetrical and Gynecological physicians providing a comprehensive program of women’s health services.

Contact: Lewis County General Hospital  
7785 North State Street  
Lowville, NY 13367  
Telephone: 315-376-5200  
[http://www.lcgh.net](http://www.lcgh.net)
Lewis County Opportunities, Inc. – an agency that is dedicated to the fulfillment of unmet human needs in the community. To do so, they provide many supportive programs for families and the community.

Contact: Lewis County Opportunities, Inc.
8265 State Route 812
Lowville, NY 13367
Telephone: 315-376-8202
Fax: 315-376-8421
http://www.lewiscountyopportunities.com
** Help Hotline: 315-376-4357

Lewis County Public Health – their mission is the promotion of health, the prevention of, disability and injury, and the provision of quality community health services throughout the lifespan of Lewis County residents. Programs include: Children with Special Needs, Home Health Program, Hospice Program, Preventive Services, and Wellness Connection.

Contact: Lewis County Public Health
7785 North State Street
Lowville, NY 13367
Telephone: 315-376-5453
http://www.lewiscountypublichealth.com

Lewis County Opportunities, Inc. – an agency that is dedicated to the fulfillment of unmet human needs in the community. To do so, they provide many supportive programs for families and the community.

Contact: Lewis County Opportunities, Inc.
8265 State Route 812
Lowville, NY 13367
Telephone: 315-376-8202
Fax: 315-376-8421
http://www.lewiscountyopportunities.com
North Country Children’s Clinic – Mental Health Services – Services are provided in the Pediatric Primary Care Center and in our school based health centers in the Watertown city schools; these services may be provided by a licensed psychologist, licensed social worker, or supervised students working toward a masters degree from a graduate social work program. Services include: individual, family, or group therapy. *Parents/Guardians are usually involved

Contact: North Country Children’s Clinic  
238 Arsenal Street  
Watertown, NY 13601  
Telephone: 315-782-9450  
Fax: 315-782-2643  
http://www.childrens-clinic.org

North Country Transitional Living Services, Inc. – the staff strive to address the emotional, developmental and educational needs of the children and families whom are served and also strives to enable individuals to build on their strengths in order to achieve a sense of mastery and power over their lives by using constructive coping mechanisms to respond to life’s challenges. Some of the services they offer are: Adult Residential Programs, Children and Youth Programs, and Eating Disorder Case Management.

Contact: North Country Transitional Living Services, Inc.  
482 Black River Parkway  
Watertown, NY 13601  
Telephone: 315-782-1777  
Fax: 315-785-8628  
http://www.nctls.org

NRCIL (Northern Regional Center for Independent Living) - is a community-based disability rights and resource center. It is a consumer-controlled, community-based, cross-disability, non-residential, non-medical center which provides information and advocacy resources to people with disabilities of all ages in Jefferson and Lewis counties. This includes individuals, family members, caregivers and community advocates. NRCIL encourages people to maximize their personal independence through its peer-to-peer philosophy.

Contact: NRCIL (Lewis County)  
7632 North State Street  
Lowville, NY 13367  
Telephone: 315-376-8698  
Fax: 315-376-3404  
http://www.nrcil.net

NRCIL (Jeff. County)  
210 Court Street, Suite 107  
Watertown, NY 13601  
Telephone: 315-785-8703  
Fax: 315-785-8612

http://www.nrcil.net
Planned Parenthood of Northern New York – provides sexual and reproductive health care services for women, men, and teens. The staff commits itself to provide accessible, affordable, and confidential sexual and reproductive health care services in Jefferson, Lewis and St. Lawrence counties.

Contact:
Administrative Office
160 Stone Street
Watertown, NY 13601
Telephone: 315-782-1818
Fax: 315-788-7937
http://www.ppnny.org *more contact information on website

Resolution Center of Jefferson/Lewis County - dedicated to effecting peaceful conflict resolution between disputing parties in Jefferson and Lewis Counties. People in our communities should have access to education and assistance with peaceful and confidential resolution of conflict by working with specially trained community volunteers and staff.

Contact:
Resolution Center of Jefferson and Lewis County
5420 Shady Ave.
Lowville, NY 13367
315-376-7991
http://www.resolution-center.net